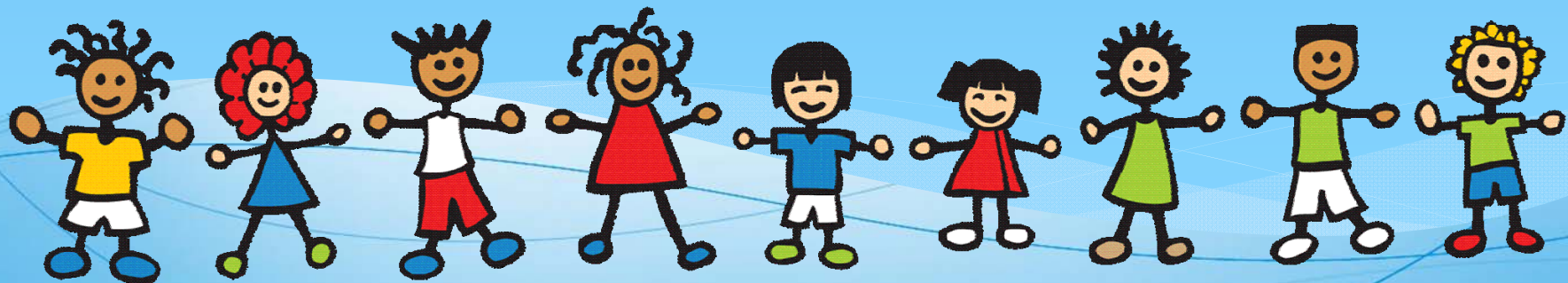


# Paediatric Hearing-related Quality of Life: Singapore context

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# Background & significance

## Background

UNHS: **4 per 1000** born with hearing loss<sup>2</sup>

**Dire consequences** of hearing loss on child's **overall development** and **family functioning**<sup>3,6</sup>

**Lack of current measures and research**<sup>5,6</sup>

## Significance

**Considerable incidence** of childhood hearing loss<sup>2</sup>

• **Identify and manage children and families** with poorer perception of well-being<sup>1,4</sup>

• **Functional assessments do not assess quality of life (QOL)**<sup>6</sup>  
• **1st** of such study done in *Singapore*

# Paediatric QOL measures

Background

Significance

Paediatric QOL measures needed in  
Singapore

Hearing-specific measure

Generic measure

Hearing-related QOL

Health-related QOL

# Objectives

## Hearing-related QOL

- \* 1. To investigate **hearing-related QOL** ratings for Singaporean hearing-impaired children using **hearing aids (HAs)** and/or **cochlear implants (CIs)**.



## Health-related QOL

- \* 2. To investigate **health-related QOL** ratings for both **normally hearing (NH)** and **hearing-impaired (HI)** Singaporean children and their families.

# Hypotheses

## 1. NH vs. HI

NH group will have better child health-QOL scores

## 5. HI groups

Health vs. hearing-related QOL:

No significant correlation

## 2. HA vs. CI

Health and hearing-QOL scores between groups: significantly different

## 4. NH & HI

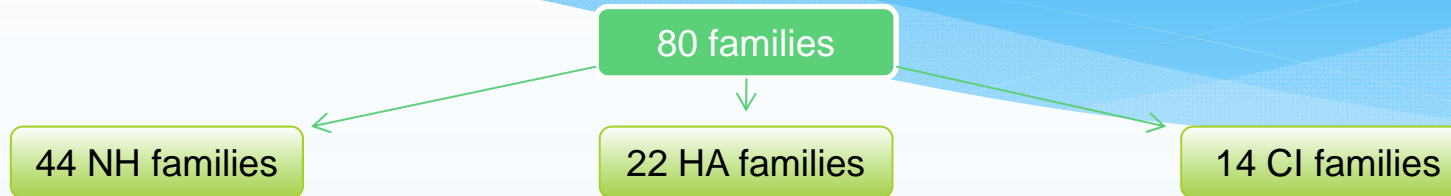
Parent-child responses: significant correlations

## 3. HI groups

Child hearing-QOL scores and audio+demo variables: significant relationships

# Methods

Cross-sectional study



|                                    | HA(n=22) |      | CI(n=14) |      | NH(n=44) |     |
|------------------------------------|----------|------|----------|------|----------|-----|
|                                    | M        | SD   | M        | SD   | M        | SD  |
| <b>Age (years)</b>                 | 10.2     | 4.4  | 8.0      | 4.4  | 7.4      | 3.7 |
| <b>Experience (months) with HA</b> | 55.8     | 40.0 | 43.8     | 46.1 | -        | -   |
| <b>Experience (months) with CI</b> | -        | -    | 34.2     | 32.0 | -        | -   |

Subject criteria:

- Children between **2 to 18 years** old, born and raised in Singapore.
- No significant medical problems and/or developmental delays.**
- HI children** worn hearing device for **≥6 months.**

# Methods (questionnaires)

## Hearing-related QOL



Children using Hearing  
Device(s) QOL  
(CuHDQOL)<sup>5</sup>

Parent-reported

80 families

44 NH families

22 HA families

14 CI families

## Health-related QOL

PedsQL™

1. Generic Core Scales (**GCS**)<sup>1</sup>
2. General Well-being Scale (**GWS**)<sup>1</sup>
3. Family Impact Module (**FIM**)<sup>1</sup>

•Parent-reported

•Child self-reported GCS and GWS (child 5-18 years)

- Questionnaires took **<20 minutes** to complete.
- Recall time: 1 month

# Results (Hypothesis 1)

## 1. NH vs. HI

NH group will have better child health-QOL scores

NH vs. HA

Multiple linear regression

NH vs. CI

| PedsQL questionnaire<br>Subscale & total | NH vs. HA |              |
|--|-----------|--------------|
|  | B         | p            |
| <b>GCS (parent-reported)</b>             |           |              |
| Emotional                                | -9.1      | 0.001        |
| Social                                   | -11.1     | 0.001        |
| School                                   | -14.1     | 0.001        |
| Total                                    | -8.8      | 0.001        |
| <b>GWS (parent-reported)</b>             |           |              |
| Well-being                               | -11.1     | 0.001        |
| Health                                   | -24.1     | 0.001        |
| <b>FIM (parent-reported)</b>             |           |              |
| Total FIM                                | -10.6     | <b>0.023</b> |
| Total health QOL                         | -10.7     | <b>0.027</b> |

| PedsQL questionnaire<br>Subscale & total | NH vs. CI |              |
|--|-----------|--------------|
|  | B         | p            |
| <b>GCS (parent-reported)</b>             |           |              |
| Social                                   | -13.4     | <b>0.033</b> |
| <b>Physical (parent-reported)</b>        |           |              |
| Physical                                 | -13.0     | <b>0.005</b> |
| Social                                   | -16.8     | <b>0.031</b> |
| Total                                    | -11.8     | <b>0.018</b> |
| <b>Health (parent-reported)</b>          |           |              |
| Health                                   | -19.4     | <b>0.039</b> |
| <b>FIM (parent-reported)</b>             |           |              |
| Total FIM                                | -16.7     | <b>0.003</b> |
| Total health QOL                         | -16.1     | <b>0.005</b> |

**HI children had poorer perceptions of their health and overall well-being than their NH peers.**

Hypothesis 1 supported



# Results (Hypothesis 1)

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| Total FIM                                | -16.7     | <b>0.003</b> |
| Total health QOL                         | -16.1     | <b>0.005</b> |

**HI children had poorer perceptions of their health and overall well-being than their NH peers.**

Hypothesis 1 supported

# Results (Hypothesis 2)

## 2. HA vs. CI

Health and hearing-QOL scores between groups:  
significantly different

Hearing-related QOL

HA vs. CI

Health-related QOL

| CuHDQOL questionnaire<br>Subscale & total | HA vs. CI |   | Total | HA vs. CI |              |
|---|-----------|---|-------|-----------|--------------|
|   | B         | p |       | B         | p            |
| <b>Parent-reported</b>                    |           |   |       |           |              |
| Parent perspectives and expectations      |           |   | cal   | -13.8     | <b>0.005</b> |
| Total                                     |           |   | total | -10.7     | <b>0.042</b> |

CI group scored **significantly lower**  
than HA group

Hypothesis 2 supported

# Results (Hypothesis 3)

## 3. HI group

Child hearing-QOL scores and audio+demo variables:  
significant relationships

**Significant predictor** of hearing-related QOL scores ( $p=0.015$ , 16.2% variance)

Age of 1st fitting

Duration

Loss

Hypothesis 3 supported

Stepwise regression

Maternal education

Hearing device configuration

# Results (Hypothesis 4)

## 4. NH & HI

Parent-child responses: significant correlations

Pearson correlation

|     | r value/<br>sig. (2-tailed) | NH                  | HA                  | CI          |
|-----|-----------------------------|---------------------|---------------------|-------------|
| GCS | Physical                    | 0.25                |                     | 0.25/0.27   |
|     | Emotional                   | 0.5                 |                     | -0.004/0.99 |
|     | Social                      | 0.7                 |                     | 0.38/0.31   |
|     | School                      | 0                   |                     | 0.39/0.30   |
|     | Total score                 | 0.6                 |                     | 0.28/0.46   |
| GWS | Well-being                  | <b>0.47*</b> /0.045 | 0.44/0.13           | 0.10/0.82   |
|     | Health                      | -0.36/0.88          | <b>0.56*</b> /0.048 | 0.16/0.70   |

Parent-child agreement: NH group higher than HI groups.

Hypothesis 4 partially supported

Correlation is significant at the 0.05 level.

# Results (Hypothesis 5)

## 5. HI group

Health vs. hearing-related QOL:

No significant correlation

- Parent-reported **total GCS** scores and **total CuHDQOL** scores were compared.






Pearson correlation

- Significant **positive moderate correlations** were observed:




\*  $r = 0.359^*$ ,  $p = 0.031$

Hypothesis 5 not supported

# Conclusion

|              | Significantly better ratings  |   |
|--------------|---|---|
| Study groups | Health-related QOL  | Hearing-related QOL   |
| NH           |  | N.A.  |
| HA           |  |  |
| CI           |  |  |

|              | Significant correlations   |   |
|--------------|--|---|
| Study groups | Parent-child responses   | Health and hearing-related QOL  |
| NH           |  | N.A.  |
| HI           |  |  |

**Family income:** only SES predictor of *hearing-related QOL*.

# Clinical recommendations

1. **parent and child-reported,**
2. **hearing-specific and general-health QOL** measures to ***compliment functional measures*** to provide more ***individualised*** and ***better informed*** clinical care.

# Future research (Singapore context)

- **Child-reported** hearing-related QOL measures
- **National level** paediatric hearing-related QOL study
- **Cross-cultural comparison** of hearing-related QOL outcomes



# Acknowledgments

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